

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

LEGEND

RR- Rose Room
WR- Wellness Room
SR- Spruce Room
DR- Dining Room
GR- Green Room
ML- Main Lobby
GA- Griffith Aud.
SL – Spruce Lodge

August 2026

2				3		4		5		6		7		8	
6:30 Uno Game DR				9:30 Pump it up: BalanceWR 2:00 Travelogue: Denmark GA 3:30 Mindfulness with Rachel SR		10:00 Pump it Up: Combined GA 10:00 Aquatic Balance/ Falls Prevention Pool 1:30 DROM FIT GA 2:00 Karaoke ML		10:00 Billiards and Coffee BYO Coffee 3:00 Sing-Along with KehnyonGR 5:00 Hamburger BBQ Fundraiser with Live entertainment by Bob McLean GA Sold out! Bring TICKET for Admission		10:30 DROM FIT GA 2:00 Sing a long with Karen on the Patio! 6:30 W.T.E.A EuchreRR 6:30 Praises with Steph ML					
9		10		11		12		13		14		15		16	
6:30 Uno Game DR		1:30 Crokinole RR 1:30 Pump it Up: StrengthGA 3:00 Afternoon Coffee RR		9:30 Pump it up: BalanceGA 2:00 Trivia Time ML 6:30 Pub Night with Mike Kalbfleisch GA\$		<u>Beach Dress-up Day!!</u> 10:00 Pump it Up: CombinedGA 10:00 Aquatic Falls Prevention Pool 11:30 Chicken BBQ DR (Beer for sale! \$4) 1:00 Beginner Uke Group SR 2:00 Beach Party!! (Beach Volleyball and Summer Themed Karaoke) GA		10:00 Hymn Sing GR 10:00 Billiards and BYO Coffee 1:30 Creative Corner Brainstorming Bring Ideas! RR 3:00 Sing Along with Kehnyon GR 6:30 Campfire and sing-along Spruce Lodge Labyrinth		9:00-12:00 Dianna and Ruth's Mini Market ML\$ 9:30 Pump it Up: StrengthGA 1:00 Music and Memories with Rachel GR 3:00 Happy Hour RR 6:30 W.T.E.A EuchreRR 6:30 Praises with Steph ML					
16		17		18		19		20		21		22		23	
6:30 Uno Game DR		1:30 Crokinole RR 1:30 Pump it Up:StrengthGA 3:00 Jam Session with Rachel RR		9:30 Pump it up: BalanceGA 2:00 Lemonade and Laughs RR 3:30 Mindfulness with Rachel SR		<u>MLB/ Baseball Dress-up Day!!</u> 10:00 Pump it Up: CombinedGA 10:00 Aquatic Falls Prevention Pool 1:00 Beginner Uke GroupSR 1:30 DROM FIT GA 2:00 Ice Cream Sundae'sDR 5:00 The Burger Shack with Karen Sign Up \$		10:00 Hymn Sing GR 10:00 Stay Fit Exercise GA 10:00 Billiards and Coffee 12:00 Lunch Outing: Gilly's ML 1:30 Creative Corner 2:00-4:00 The Little Tracks Petting Zoo (SL Front Entrance) 3:00 Sing-Along with KehnyonGR		9:30 Pump it Up:StrengthGA 1:30 Karaoke ML 3:00 Happy Hour RR 6:30 W.T.E.A EuchreRR 6:30 Praises with Steph ML					
23		24		25		26		27		28		29		30	
6:30 Uno Game DR		1:30 Crokinole RR 1:30 Falls Prevention and Fire Safety Presentation with the Stratford Fire Department GA 3:00 Nature Walk ML		9:30 Pump it up: BalanceGA 2:00 August Birthday Party with Bob Lauze DR 3:30 Mindfulness with Rachel SR		9:00-3:00 Foot Care Clinic <u>Conference Room #1 (sign-up)</u> 10:00 Pump it Up: Combined GA 10:00 Aquatic Balance/ Falls Prevention Pool 1:30 DROM FIT GA 1:00 Beginner Uke GroupSR 6:30 Stratford Police Bagpipe Band: Main Entrance of SL		10:00 Stay Fit Exercise 10:00 Billiards and Coffee 2:00 Movie Matinee: Homeward Bound – The Incredible Journey GA		1:00 Music and Memories with Rachel GR 1:30 – 3:30pm "I Scream! You Scream! We all Scream for Ice Cream!PARTY! Come join the fun for a FREE Ice Cream Bar 6:30 W.T.E.A Euchre RR 6:30 Praises with Steph ML					
30		31													
6:30 Uno Game DR		1:30 Crokinole RR 1:30 Pump it Up:StrengthGA													
														<u>Spruce Lodge 11th Annual Car Show!</u>  Save the Date! Mark your calendars for the 11th Annual Spruce Lodge Car Show on Wednesday, September 9, 2026, from 5:00–8:00 p.m. Join us for an evening of beautiful classic cars, great food, live entertainment, and community fun. More details coming soon—you won't want to miss it!	

Spruce Lodge 11th Annual Car Show!
🚗 **Save the Date!** Mark your calendars for the 11th Annual Spruce Lodge Car Show on **Wednesday, September 9, 2026**, from **5:00–8:00 p.m.** Join us for an evening of beautiful classic cars, great food, live entertainment, and community fun. More details coming soon—you won't want to miss it!

Home #: 519-271-4090

Kim: x2230

Karen: x 2257

Music Therapy: 2209

Pool: Tamara x 2282