



September 2026

Spruce Lodge Community Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00Adam's Exercises 1 2:00Bingo 3:00Café Social 6:00First of September Reading	10:30Scrapbooking 2 11:30Circle of Light 2:00Music with Then and Now band 3:00Café Social 4:00Jays Talk 	10:30News and Events 3 10:30Cottage Cart Program 11:00Church Service 2:00Bingo 3:00Café Social 3:30Choir Group	10:30Balloon Volleyball 4 11:00Men's Music Group 2:00Courtyard Social 3:00Café Social	10:30Bingo 5 2:00Word Games 3:00Café Social 
10:00TV Church Service 6 2:00Glamour Pictures 3:00Café Social 	Labor Day 7 	First Day Of School 8 10:00Adam's Exercises 10:30First day of School Reminiscing 2:00Bingo 3:00Café Social 	10:30RC Mass 9 11:15Church Service 2:00Name that tune 4:00Spruce Lodge/ WT Car show 	10:30Coffee and News 10 2:00Bingo 3:00Cafe Visits and Music with Ginny, Charles and Archie 3:30Choir Group 4:00Friendship Circle	10:30Music with the Melody Man 11 11:00Men's Music Group 2:00Apple's and Dip Taste Test 3:00Café Social 	10:30Bingo 12 2:00Advanced Exercises 3:00Café Social
10:00Trivia Fun 13 2:00Music With Mike Ryan 3:00Café Social 	10:30Giant Soccer 14 11:00Women's Music Group 2:00Karen's Sing-a-Long 3:00Café Social	10:00Adam's Exercises 15 2:00Bingo 3:00Café Social 	Hat Day 16 10:30Resident Council 11:30Circle of Light 2:00Music with Conn Smyth 3:00Leadership Cafe	11:00Church Service 17 2:00Bingo 3:00Café Social 3:30Choir Group 6:30The Just For Fun Band	10:30September Word Games 18 11:00Men's Music Group 2:00Target Practice 3:00Café Social	10:30Bingo 19 2:00Cottage Reading Group 3:00Café Social 
10:00TV Church Service 20 10:30Manicures 2:00Word Game 3:00Café Social 	10:30Chase the Ace Card Game 21 11:00Women's Music Group 2:00Karen's Sing-a-Long 3:00Café Social 6:302 Gals & a Guitar	First Day Of Fall 22 10:00Adam's Exercises 11:00Meal Prep 2:00Bingo 3:00Café Social 	Blast From the Past 23 10:30Horse Race's 2:00Rock and Roll Birthday Party with Sheryl Walsh 3:00Café Social 	Evacuation Day 24 10:30Food Committee 11:00Church Service 2:00Full Evacuation 	10:30Advanced Exercises 25 11:00Men's Music Group 2:00Small group Cards and Games 3:00Café Social 	10:30Bingo 26 2:00Trivia: What Am I? Who Am I? 3:00Café Social
10:00TV Church Service 27 2:00Travelogue: Montreal 3:00Café Social	10:30Hockey Game 28 11:00Women's Music Group 2:00Campfire With Rachel 3:00Café Social 	10:00Adam's Exercises 29 10:30Fall Flower Arranging 2:00Bingo 3:00Café Social 	Truth and Reconciliation 30 10:30Crafty Corner Fun 2:00Canadian/indigenous Trivia 3:00Café Social 	To Contact Activities: (519)-271-4090 Ext. 2227 activity@sprucelodge.on.ca *Programs May Change* 		